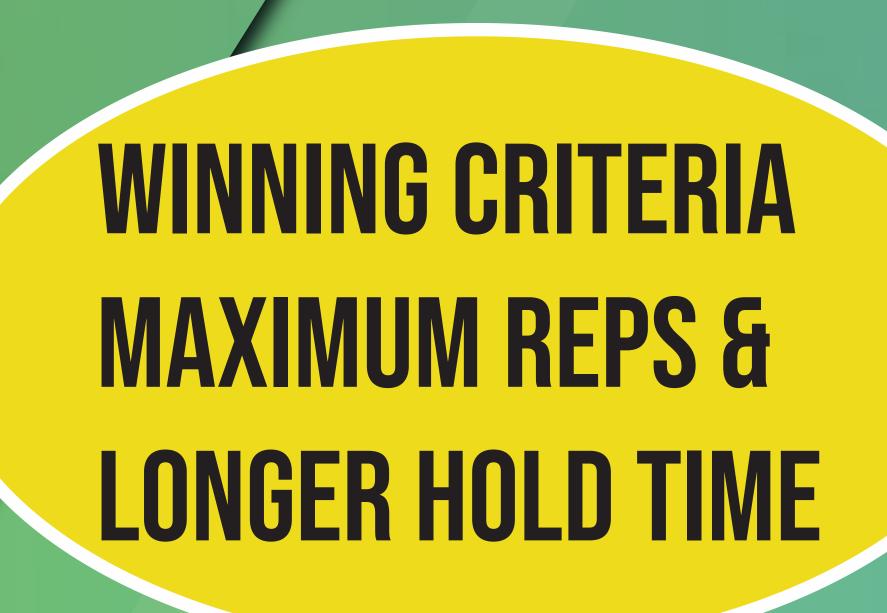


## WORLD DIGITAL DETOX DAY GYM CHALLENGE



## 

PUSH YOUR LIMITS IN THE PUSHUP & PLANK BATTLE!





SAVE THE DATE: [INSERT DATE]

JOIN THE ULTIMATE FITNESS SHOWDOWN!



PUSH UP CHALLENGE FOR MEN



PLANK CHALLENGE FOR WOMEN

#DETOXANDDOMINATE